

February 2019

Discovery Isle Preschool * 11740 Creek Road, CA 92064

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast					1 French Toast, Fruit and Milk
Lunch					Turkey and Cheese Rollup, Veggies, Fruit and Milk
PM Snack					Goldfish and Milk
Breakfast	4 Bagels w/Cream Cheese, Fruit and Milk	5 Cereal, Yogurt, Fruit and Milk	6 Waffles, Fruit and Milk	7 Biscuit and Jelly, Fruit and Milk	8 Muffins, Yogurt, Fruit and Milk
Lunch	Hot Dogs and Beans, Veggies, Fruit and Milk	Chicken and Rice, Veggies, Fruit and Milk	Enchilada, Rice, Fruit and Milk	Mini Cheeseburgers, French Fries, Fruit and Milk	Tomato Soup, Grilled Cheese, Veggies, and Milk
PM Snack	Pudding and Graham Crackers	Pretzel and Hummus	Veggies w/Ranch and Crackers	Animal Cookies and Milk	Goldfish and Milk
Breakfast	11 Quesadilla, Fruit and Milk	12 French Toast, Fruit, and Milk	13 Cereal, Yogurt, Fruit and Milk	14 Family Breakfast: Pancakes, Turkey Bacon, Fruit and Milk	15
Lunch	Lasagna, Bread Roll, Veggies and Milk	Meatloaf, Mashed Potatoes, Veggie, Fruit and Milk	Chicken Strips, French Fries, Veggies, and Milk	Pizza, Veggies, Fruit and Milk	School Closed
PM Snack	Animal Cookies and Milk	Pudding and Graham Crackers	Pretzel and Hummus	Veggies w/Ranch and Crackers	
Breakfast	18	19 Biscuits, Fruit and Milk	20 Muffins, Yogurt, Fruit and Milk	21 Waffles, Fruit and Milk	22 Cereal, Fruit and Milk
Lunch	School Closed	Enchilada, Rice, Fruit and Milk	Mini Cheeseburgers, French Fries, Fruit and Milk	Hot Dogs and Beans, Veggies, Fruit and Milk	Bean and Cheese Burritos, Veg- gies Fruit and Milk
PM Snack		Cheese and Crackers	Veggies w/Ranch and Crackers	Goldfish and Milk	Cookies and Milk
	25	26	27	28	
Breakfast	Cereal, Yogurt, Fruit and Milk	Bagels w/Cream Cheese, Fruit and Milk	Quesadilla, Fruit and Milk	Muffins, Yogurt, Fruit and Milk	
Lunch	Pizza, Veggies, Fruit and Milk	Lasagna, Bread Roll, Veggies and Milk	Chicken and Rice, Veggies, Fruit and Milk	Meatloaf, Mashed Potatoes, Veggie, Fruit and Milk	
PM Snack	Vanilla Wafers and Yogurt	Veggies w/Ranch and Crackers	Goldfish and Milk	Pretzel and Hummus	