

# April 2019 Menu

Discovery Isle Preschool \* 11740 Creek Road, CA 92064

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>Breakfast</b>	Cereal, Yogurt, Fruit and Milk	Bagels w/Cream Cheese, Fruit	Quesadilla, Fruit and Milk	Muffins, Yogurt, Fruit and Milk	Biscuits, Fruit and Milk
<b>Lunch</b>	Turkey Roll Ups, Veggies, Fruit and Milk	Lasagna, Bread and Butter, Veggies, and Milk	Chicken and Rice, Veggies, Fruit and Milk	Meatloaf, Mashed Potatoes, Veggie, Fruit and Milk	Macaroni and Cheese, Bread and Butter, Veggie, Fruit, and
<b>PM Snack</b>	Vanilla Wafers and Yogurt	Veggies w/Ranch and Crackers	Goldfish and Milk	Cheese and Crackers	Cheeze-Its and Milk
	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>Breakfast</b>	Bagels w/Cream Cheese, Fruit and Milk	Biscuits, Fruit and Milk	Waffles, Fruit and Milk	Cereal, Yogurt, Fruit and Milk	Muffins, Yogurt, Fruit and Milk
<b>Lunch</b>	Fish and French Fries, Veggies, Fruit and Milk	Chicken and Rice, Veggies, Fruit and Milk	Enchilada, Rice, Fruit and Milk	Mini Cheeseburgers, Potato Salad, Fruit and Milk	Family Luncheon: Parent Potluck
<b>PM Snack</b>	Pudding and Graham Crackers	Cheeze-Its and Milk	Veggies w/Ranch and Crackers	Goldfish and Milk	Animal Cookies and Milk
	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>Breakfast</b>	Quesadilla, Fruit and Milk	French Toast, Fruit, and Milk	Cereal, Yogurt, Fruit and Milk	French Toast, Fruit and Milk	Waffles, Fruit and Milk
<b>Lunch</b>	Lasagna, Bread and Butter, Veggies and Milk	Meatloaf, Mashed Potatoes, Veggie, Fruit and Milk	Fish and French Fries, Veggies, Fruit and Milk	Chicken Strips, French Fries, Veggies, and Milk	Pizza, Veggies, Fruit and Milk
<b>PM Snack</b>	Animal Cookies and Milk	Pudding and Graham Crackers	Cheeze-Its and Milk	Goldfish and Milk	Veggies w/Ranch and Crackers
	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>Breakfast</b>	Bagels w/Cream Cheese, Fruit and Milk	Biscuits, Fruit and Milk	Muffins, Yogurt, Fruit and Milk	Waffles, Fruit and Milk	Cereal, Fruit and Milk
<b>Lunch</b>	Macaroni and Cheese, Bread and Butter, Veggies, Fruit, and Milk	Enchilada, Rice, Fruit and Milk	Mini Cheeseburgers, Potato Salad, Fruit and Milk	Fish and French Fries, Veggies, Fruit and Milk	Bean and Cheese Burritos, Veggies Fruit and Milk
<b>PM Snack</b>	Pudding and Graham Crackers	Cheese and Crackers	Veggies w/Ranch and Crackers	Goldfish and Milk	Cookies and Milk
	<b>29</b>	<b>30</b>			
<b>Breakfast</b>	French Toast, Fruit, and Milk	Family Breakfast: Pancakes, Turkey Bacon, Fruit and Milk			
<b>Lunch</b>	Pizza, Veggies, Fruit and Milk	Lasagna, Bread and Butter, Veggies, and Milk			
<b>PM Snack</b>	Vanilla Wafers and Yogurt	Veggies w/Ranch and Crackers			