

November News

November 1st 2015



REMINDERS:

- Fill out sunscreen forms
- Sign your child in and out each day they are present
- Make sure to stop by the front desk to pay Hot Lunch balance for the month of October
- Since the weather will be changing, check your child's cubby for weather appropriate clothes.
- If you are planning a vacation in the months to come. Please fill out a vacation form at the front desk. (vacation credit is for one full week)

Thanks!

A Note From The Principal

Wow... can you believe it; October has come and gone so quickly. We want to say **Thank You for participating in the Scholastics Book Fair**. We sold over \$3,500.00 in books half of that comes back our school in new books, music and activities... Big Thanks!!!

The classrooms were busy all through October experimenting with pumpkins. The children got to weigh

pumpkins, sink and float pumpkins, and then got "messy" cutting into the pumpkins to see what surprises were inside. Even our infants participated in the fun!!!

The last week of October was a lot of fun with all the dress-up days. The children were all very excited to show off their fun outfits.



Discovery Isle Will Be Closed...

There will be some dates to note when the **school will be closed** this month.

The first date to know is **Wednesday, November 11th for Professional Development Day** all the staff will be traveling to Temecula Discovery Isle

for some fun and exciting workshops and training.



Teacher Training

Getting ready for November... This is the month that we all need to take a moment to think about what we are "Thankful" for. We will be talking a lot about families, traditions and celebrations. Everyone here at Discovery Isle wants to wish you all a **"Happy Thanksgiving"** make it the best!!!



It's time to **"FALL BACK"** daylight saving time ends November 1st enjoy the extra hour of sleep!!!

We will be closed **Thursday, November 26th and Friday, November 27th** in celebration of **Thanksgiving Day and Black Friday!**



Parent Reports



The Admin Team has looked over the finished **Fall Parent Reports** and they will be passed out this month. Please take the time to look over your child's report to see how they are doing and read the comments that the teachers have made. There is also a parent comments section, if you have any questions or concerns you can express them and return the form to your child's teacher.



HAPPY THANKSGIVING!

APPLE PIE
BEANS
BREAD
CORN
CRANBERRY SAUCE
GRAVY
HAM
MASHED POTATOES
MILK
PUMPKIN PIE
ROLLS
SQUASH
STUFFING
SWEET POTATOES
TURKEY

N S T U F F I N G I R L U N Y
F G K D A E R B V G C A D Q E
A B E A N S I L S O R Q G S K
O G K E I P E L P P A P A E R
N R O C M L W U Q D N G O O U
U E J L X E S M S Y B Z O T T
Z P U M P K I N P I E V N A Z
H B O J I L C F A G R Y F T V
N E M Y K U S L L O R Q K O X
K S A B Y Q T Z H W Y P S P K
T G H S A U Q S O R S J L T A
G M A S H E D P O T A T O E S
Z D L U C W F Z L M U K S E K
C A K C G T H T T I C R N W B
G J X S G R A V Y I E Q I S T



Chicken Scratch NY

Homemade Fresh Pumpkin Pie

This recipe is made from fresh pumpkin, not canned. Hope you enjoy it!!!

Prep time: 20 min
Cook time: 40 min
Ready in: 1 hour

Ingredients

Pastry for Single-Crust Pie:

1 1/3 cups all-purpose flour
1/2 teaspoon salt
1/2 cup shortening
3 1/2 tablespoons cold water

Filling:

2 cups mashed, cooked pumpkin
1 (12 fluid ounce) can evaporated milk
2 eggs, beaten
3/4 cup packed brown sugar
1/2 teaspoon ground

cinnamon
1/2 teaspoon ground ginger
1/2 teaspoon ground nutmeg
1/2 teaspoon salt

Directions

1. Preheat oven to 400 degrees F (200 degrees C).
2. Prepare pie crust by mixing together the flour and salt. Cut shortening into flour; add cold water 1 tablespoon at a time (you may need only 3 tablespoons, or up to 4 tablespoons). Mix dough and repeat until dough is moist enough to hold together.
3. With lightly floured, hands shape dough into a ball. On a lightly floured board roll dough out to about 1/8 inch

thickness. With a sharp knife, cut dough 1 1/2 inch larger than the upside-down 8- to 9-inch pie pan. Gently roll the dough around the rolling pin and transfer it right-side up onto the pie pan. Unroll, easing dough into the bottom of the pie pan. In a large bowl, beat pumpkin with evaporated milk, eggs, brown sugar, cinnamon, ginger, nutmeg and salt with an electric mixer or immersion blender. Mix well. Pour into a prepared crust. Bake 40 minutes or until when a knife is inserted 1 inch from the edge comes out clean.



November Thanksgiving Events:

Room: 1

Will be having a toddler potluck for the children on **Wednesday, November 18th.**

Room: 2

Will be having a potluck on **Friday, November 20th** for the children.

Room: 3 & 4

Will be having a potluck on **Wednesday, November 18th at 11:30pm-12:15pm.** Parents and families are invited!

Room: 5

Will be having a potluck on **Thursday, November 19th** for the children.

Room: 6

Will be having a potluck on **Friday, November 20th at 11:30am-12:15pm.** Families invited!

Room: 7

Will have a potluck for children and their families on **Tuesday, November 17th at 11:30am-12:15pm**

Room: 8

Will be having a Pie Party for children and families on **Wednesday, November 18th.**

Room: 9

Ms. Quinn's mom will be making pies with the children on **Tuesday, 17th and Thursday 19th.**

Room: 10

Will be having a Pie Palooza on **Friday, November 20th at 3:00pm-3:45pm** families invited.

Room: 11

Will be having a potluck on **Thursday, November 19th** at families invited.

Room: 12

Will be having for the children on **Wednesday, November 18th**

Room: 13

Will be having a potluck on **Tuesday, November 17th at 11:30am-12:15pm** families are invited.

Room: 14

Will be having a Pie Party on **Friday, November 20th at 3:00pm-4:40pm** families invited.

Room 15:

What: Turkey for Thanksgiving Play

On: Wednesday, November 18th at 10:15am

All the families that attend Discovery Isle are invited!!! Please come!

On Thursday, the 19th at 10:15 they will perform for the Kindergarten Parents!

4 Ways to Instill Thankfulness in Young Children



It's never too early to teach your child about thankfulness. By learning concepts of generosity and compassion, children strengthen their connection to their community and become sensitive to the feelings of others.

The holiday season is quickly approaching, so now is a great time to reinforce the importance of thankfulness and giving back to those in need.

Below are age appropriate activities that we implement in the classroom, as well as activities for you and your child to do at home.

TODDLERS: Be a good role model

In the classroom: Our teachers introduce “please” and “thank you” to our toddlers by using sign language and verbal communication. Students practice good manners with their dolls, stuffed animals and each other.

At home: Modeling positive behaviors is a great way to teach your child good manners. Say “please” before asking him to do something, and always follow with “thank you.”

Recommended reading: *Little Critter® I Am Helping* by Mercer Mayer

BEGINNERS: Share your gratitude out loud

In the classroom: Our teachers encourage our Beginner students to name a few of their favorite toys and games, and bring one in from home to share with friends. By sharing their belongings, children nurture connections with their classmates, and build necessary problem-solving skills.

At home: Talk with your child about the things in your life for which you are thankful, and ask him to name a few as well. Extend the discussion beyond physical possessions. For instance, if he is thankful for a favorite toy, say “Grandma bought you that toy, and we are thankful for her.”

Recommended reading: *Spot Helps Out* by Eric Hill

INTERMEDIATES: Show appreciation through actions

In the classroom: By age three, children begin to understand the concept of appreciation. They create birthday cards for their teachers, make art projects for friends, and write thank you cards for classroom visitors.

At home: Go shopping with your child, and buy a small token of appreciation for a friend or family member. Ask your child to draw a picture or write a thank you note to accompany the gift.

Recommended reading: *Clifford's Good Deeds* by Norman Bridwell

PRE-K/PRE-K2: Give back to those in need

In the classroom: During the holidays, many of our schools host donation drives for organizations in need. Our older preschoolers discuss why they are participating, count the items donated, and sometimes have the opportunity to deliver the donations.

At home: Donate canned goods to a local food pantry, and allow your child to choose the food that he would like to donate. Explain to him that you are thankful to have good food to eat, and that you want to make sure that others have the same.

Recommended reading: *The Giving Tree* by Shel Silverstein

We provide many opportunities for our preschoolers to develop thankfulness and show gratitude towards others. By setting this positive foundation, your child will be more appreciative and generous as he enters elementary school and beyond.

- Lauren Starnes, PhD – Director of Early Childhood Education