



# Ted Williams

# November 2015 Newsletter

## Principals Message:



Dear Parents,

These last few months have gone by so quickly. Thank you to all of those who were able to attend the Costume Parade. The children really enjoyed themselves!

It is the season to reflect on all we are thankful for. Thank you to our families, friends, and staff for your kind hearts and patience. You are all appreciated.



Sincerely,

Melinda Carvalho Principal  
&  
Jennifer Settles Assistant Principal

*Reminder:  
With colder weather coming in please check to see if your child has an extra jacket or sweatshirt to wear when needed. We would also appreciate it also if you make sure your items are labeled with their name so that we know where to return in if it gets lost.*

## Save The Date:



Nov 2nd Now Accepting Tuition ☺

Nov 2<sup>nd</sup>-20<sup>th</sup> Canned Food Drive-

The classroom that accumulates the most canned items will earn a classroom party with the choice of: pizza lunch or popcorn & movie day!

Nov 10<sup>th</sup> Spirit Day-

Wear your Discovery Isle T-shirts & Scholastic Book Orders are due.

Nov 11<sup>th</sup> Veteran's Day & Professional Staff Development Day -  
**Discovery Isle will be CLOSED**

Nov 13<sup>th</sup> -25<sup>th</sup> -

Popcorn Factory/ Fanny Mae Chocolate Fundraiser Starts.

Nov 9<sup>th</sup>-13<sup>th</sup> Literacy Week:

Parents are invited to read their favorite story to their child's class!

Nov 20<sup>th</sup> PJ Day!

Wear your pajamas to school.

Nov 25<sup>th</sup> Friendship Feast -

See the front office for Classroom Sign Up Sheets

Nov 26<sup>th</sup>-27<sup>th</sup>

**School will be closed for the Thanksgiving Holiday**

## Can Food Drive Begins!

November 2<sup>nd</sup> to November 20<sup>th</sup>



Help local San Diego Families. We will be collecting food donations to help support San Diego Food Bank. Our goal is to fill 2 of the red barrels. That is over 400lbs of food. See the flyer sent home for much needed food items.

# Scholastic Book Orders

## You can now order books online through Scholastic!

We are working on building our school library and would love to offer this great program to build yours. Whenever you order books our school collects points that we can use to order books for our classrooms. Just go to [scholastic.com/reading club](http://scholastic.com/reading club) and enter our Class Activation Code MGJ8J. You can make your payment online and the books will be delivered here. This month's order is due on November 10<sup>th</sup>.

### *A Message from our Nobel Education Department...*

## 4 Ways to Instill Thankfulness in Young Children

It's never too early to teach your child about thankfulness. By learning concepts of generosity and compassion, children strengthen their connection to their community and become sensitive to the feelings of others.

The holiday season is quickly approaching, so now is a great time to reinforce the importance of thankfulness and giving back to those in need.

Below are age appropriate activities that we implement in the classroom, as well as activities for you and your child to do at home.



### **TODDLERS: Be a good role model**

**In the classroom:** Our teachers introduce “please” and “thank you” to our toddlers by using sign language and verbal communication. Students practice good manners with their dolls, stuffed animals and each other.

**At home:** Modeling positive behaviors is a great way to teach your child good manners. Say “please” before asking him to do something, and always follow with “thank you.”

**Recommended reading:** *Little Critter® I Am Helping* by Mercer Mayer

### **BEGINNERS: Share your gratitude out loud**

**In the classroom:** Our teachers encourage our Beginner students to name a few of their favorite toys and games, and bring one in from home to share with friends. By sharing their belongings, children nurture connections with their classmates, and build necessary problem-solving skills.

**At home:** Talk with your child about the things in your life for which you are thankful, and ask him to name a few as well. Extend the discussion beyond physical possessions. For instance, if he is thankful for a favorite toy, say “Grandma bought you that toy, and we are thankful for her.”

**Recommended reading:** *Spot Helps Out* by Eric Hill

### **INTERMEDIATES: Show appreciation through actions**

**In the classroom:** By age three, children begin to understand the concept of appreciation. They create birthday cards for their teachers, make art projects for friends, and write thank you cards for classroom visitors.

**At home:** Go shopping with your child, and buy a small token of appreciation for a friend or family member. Ask your child to draw a picture or write a thank you note to accompany the gift.

**Recommended reading:** *Clifford's Good Deeds* by Norman Bridwell

### **PRE-K/PRE-K2: Give back to those in need**

**In the classroom:** During the holidays, many of our schools host donation drives for organizations in need. Our older preschoolers discuss why they are participating, count the items donated, and sometimes have the opportunity to deliver the donations.

**At home:** Donate canned goods to a local food pantry, and allow your child to choose the food that he would like to donate. Explain to him that you are thankful to have good food to eat, and that you want to make sure that others have the same.

**Recommended reading:** *The Giving Tree* by Shel Silverstein

We provide many opportunities for our preschoolers to develop thankfulness and show gratitude towards others. By setting this positive foundation, your child will be more appreciative and generous as he enters elementary school and beyond.

- Lauren Starnes, PhD – Director of Early Childhood Education